

QP CODE: 112011

Reg. No:.....

**First Year Post Basic B.Sc Nursing Degree Regular/Supplementary
Examinations August 2021**

**Nutrition and Dietetics
(2016 Scheme)**

Time: 2 Hours

Total Marks: 35

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

Short Essays:

(3x7=21)

1. List out the nutritional requirements for an infant, pregnant woman and an adolescent.
2. Discuss the advantages of breast milk.
3. Explain ICDS and Vitamin A Prophylaxis programme.

Short notes:

(2x4=8)

4. Discuss the points to be considered while feeding a sick child
5. List out the principles of menu planning.

Answer briefly:

(2x3=6)

6. Sources of iron
7. What is scurvy. Give its signs and symptoms
