

**QP CODE: 112011**

**Reg. No:.....**

**First Year Post Basic B.Sc Nursing Degree Regular/Supplementary  
Examinations August 2021**

**Nutrition and Dietetics**

**(2016 Scheme)**

**Time: 2 Hours**

**Total Marks: 35**

- *Answer all questions to the point neatly and legibly • Do not leave any blank pages between answers • Indicate the question number correctly for the answer in the margin space*
- *Answer all parts of a single question together • Leave sufficient space between answers*
- *Draw diagrams wherever necessary*

**Short Essays:** (3x7=21)

1. List out the nutritional requirements for and infant, pregnant woman and an adolescent.
2. Discuss the advantages of breast milk.
3. Explain ICDS and Vitamin A Prophylaxis programme.

**Short notes:** (2x4=8)

4. Discuss the points to be considered while feeding a sick child
5. List out the principles of menu planning.

**Answer briefly:** (2x3=6)

6. Sources of iron
7. What is scurvy. Give its signs and symptoms

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